



Riverhead
Parks & Recreation est. 1959

Winter 2024

Chilly Fun Awaits!

Winter Programs' Brochure

*Registration Begins
January 3rd*



i talk
they hear you®

HELP YOUR KIDS STAY SAFE, BEYOND THE KITCHEN.

Teach them to make safe choices every day.

Marijuana can be harmful for a child's growing brain. It's important to talk with your children from a young age about what marijuana is and how it can be harmful to their developing brain. For tips on how—and when—to begin the conversation, visit:

RiverheadCAP.org

RIVERHEAD
CAP



SAMHSA
Substance Abuse and Mental Health
Services Administration

SMA-18-5088

TABLE OF CONTENTS

Staff Directory & Board/Committee Members.....4

Supervisor’s Welcome.....5

Thank You.....6

Save the Dates.....7

Special Events.....8

Adult Programs.....10

Youth Programs.....18

Important Information.....26

Confused by Medicare?

- Are you paying too much for your prescriptions?
- Are you turning 65 and still working?
- Are you getting everything you’re entitled to?

Choosing a Medicare Advantage Plan, Medicare Supplement Plan or Part D Drug Plan can be overwhelming.

Imagine a stress-free experience with
NO COST TO YOU!



Cindy Goldsher Insurance
Senior Services Specialist, NYS Licensed Agent & Broker
CALL: 516-578-8330 EMAIL: medicarepro65@gmail.com
WEBSITE: cindyginsurance.com

SP5219

PARKS & RECREATION STAFF DIRECTORY

Raymond Coyne

Superintendent of Parks & Recreation

x 730 email: coyne@townofriverheadny.gov

PARKS OFFICE

55 Columbus Ave. Riverhead, N.Y. 11901

(631)727-3200 x. 737

8:00am to 3:30pm

RECREATION OFFICE

60 Shade Tree Lane Riverhead, N.Y. 11901

(631)727-3200 x. 205

Hours of Operation

8:00am to 4:00 pm

STAFF

Doris Strange

Main Office Personnel & East Creek Facilitator

x 205 email: strange@townofriverheadny.gov

Jordan Harden

Parks Supervisor

x 734 email: harden@townofriverheadny.gov

Rebecca Adams-Korn

Cultural Affairs Supervisor

x 731 email: korn@townofriverheadny.gov

Liz Keller

Community Relations Specialist & Camps Coordinator

x 740 email: keller@townofriverheadny.gov

Colleen Eastwood

Recreation Supervisor

x 732 email: eastwood@townofriverheadny.gov

Ashley Schandel

Parks Director

x 733 email: schandel@townofriverheadny.gov

4

TOWN BOARD & COMMITTEE MEMBERS

RIVERHEAD TOWN BOARD

Yvette Aguiar, Supervisor

Timothy Hubbard, Council Member

Frank Beyrodt, Council Member

Kenneth Rothwell, Council Member

Bob Kern, Council Member

RECREATION ADVISORY COMMITTEE

Marjorie Acevedo, Co-Chair

George Gabrielsen Co- Chair

Dwayne Eleazer

Frank Petrignani

Jeremy Savio

Ronald Schmitt

Justin Winter Sr.

BEACH COMMITTEE

Tom Mohrman, Chair

Mark Alhadeff, Vice Chair

Liz Sanders

Bob Kelly

Jennifer Reeve

Christina Falcetta

Susan Cox

Rhonda Frisone

Bill Jakob

Bob Skinner

EAST CREEK ADVISORY COMMITTEE

Sean Egan

Charles Thomas

Kyle Conklin

ADOPT-A-PARK PARTICIPANTS

The Feeks Family

Rotary Club of Riverhead

Maidstone Landing

Girl Scout Troop 2777

FROM THE DESK OF THE SUPERVISOR



From the Desk of

YVETTE M. AGUIAR

Riverhead Town Supervisor

December 2023

It looks like Fall and the wonderful colors which come with the season is winding down and Winter is now on our door step with the holidays upon us. We are excited about our Winter brochure which is bursting with some of our favorite programs and some new programs for 2024 for the whole family to enjoy.

Here is a highlight of just a few of the exciting activities our residents and families can look forward to:

We will have a Mother/Son Valentine dance on Friday, February 2nd and Father/Daughter Valentine dance on Saturday, February 3rd. We will also have Operation Valentine – collecting Valentine's to be delivered to the Meals on Wheels recipients which we last did during COVID and are delighted to bring it back.

How about a Leprechaun Fun Run! This will take place on Saturday, March 16, 2024 and will go 1 mile from Miamogue Park to the Jamesport Community Center.

Our Annual Egg Hunt at Stotsky Park is always a hit and will be happening early this year due to Easter's date, March 22, 2024.

Introducing NEW 100 Hours Outside – Where kids can color a section of a drawing for each hour they spend outside until they reach 100 hours.

Also NEW is a Hip Hop interval training workout class set to great hip hop music.

Another NEW hit will be County Line Dancing which was highly requested and now we have it!

Winter Pickleball Leagues are back by popular demand starting in February.

These are just a few programs we will have available. Read on in our brochure to see a full listing.

I wish all of you and your family a wonderful holiday season and a Happy New Year filled with good health and much happiness.

Be safe,


Yvette M. Aguiar
Riverhead Town Supervisor





THANK YOU TO OUR DONORS

The Riverhead Parks & Recreation Department cannot accomplish everything we do without the continued support of our Town Board Members, the members of our advisory committees, participants in our Adopt-A-Park program, and of course our community donors. We extend our deepest gratitude to each of you.

CURRENT DONORS TO THE PARKS & RECREATION DEPARTMENT

4C's Deli, Adventureland, Adventure Park of L.I., All Star Bowling, Applebees, Apple Honda, Bagel Lovers, Bayview Market Farms, BJ's Wholesale Club, Black Sheep Bagels, Blue Sage Day Spa, Blue Water Fish, Body & Sol Tanning, Bucky O'Neill, Burger King, Caruso's Pizza, Celeste Bakery, Cherry Creek Golf Course, Cousins Paintball, Cucina 25, Dick's Sporting Goods, Duffy's Deli, East Wind, Flanders Men's Club, Flight Adventure Park, Friendly's, Gabriel Loren Salon, Gabrielsen's Country Plant Farm, George Gabrielsen, Hampton Coffee, Hampton Jitney, Harbes Farm, Hurricane Grill & Wings, Holiday Inn Express, Hotel Indigo, Hyatt Place East End, IHOP, Ivy Acres, Jamesport Bait & Tackle, Jenn Reeve at Farmer Jenn's, Jerry & the Mermaid, John Heage, L.I. Ducks, L.I. Game Farm, Maple Tree BBQ, Montauk Surfcasters, North Fork Chocolate, NY Giants, NY Islanders, NY Jets, NY Rangers, Panera Bread, Peconic Ballet Theater, Preston House, Red Bull NY Soccer, Relic Sustainability, Rendezvous, RGNV, Riverhead Beverage, Riverhead Building Supply, Riverhead CAP, Riverhead Cider House, Riverhead Flower Shop, Riverhead Raceway, Riverhead Rotary Club, Roadhouse Pizza, Rhumba, Snowflake Ice Cream, Splish Splash, The Birchwood, The Cage, Treasure Cove Marina, Urban Air, West Marine, William Jakob.

PHOTO CONTEST WINNER!

Congratulations to Shannon Slowey Stinson our photo contest winner for this brochure. Thank you to everyone who sends in their pictures for these contests. We love having our own residents contribute to their Recreation Brochure each season!



SAVE THE DATES!

WINTER REGISTRATION

Wednesday, January, 3rd
8:00 am
more info pg. 26

100 NATURE DAYS WINTER

January - March
more info pg. 24

FAMILY TRIVIA NIGHT

Saturday, January 26th
7:15pm - 8:30pm
more info pg. 9

BRINGO WITH CAP

Saturday, January, 27th
9:00 am
more info pg. 8

OPERATION VALENTINE

January, 22nd - February 9th
more info pg. 9

VALENTINE'S DANCES

Friday, February, 2nd 6:00 pm
Saturday, February, 3rd 4:00 pm
Saturday, February, 3rd 7:00 pm
more info pg. 8

FEBRUARY BREAK CAMP

February, 20th - February 23rd
more info pg. 24

LEPRECHAUN FUN RUN

March, 16th 9:00 am
more info pg. 9

ANNUAL EGG HUNT

March, 22nd 6:00 pm
more info pg. 9

DOUBLES PICKLEBALL

LEAGUE

Coming March 2024!

SWIM LESSONS PREVIEW

July, 8th - August, 16th
more info pg. 24

SEASONAL HIRING

We're hiring beach
attendants, lifeguards,
program staff, and more!
Visit our website
www.riverheadrecreation.net/employment for
more information.

SPRING BROCHURE ADVERTISERS

Want to have your business
featured in our next
Recreation Brochure? Our
next brochure comes out
in March! To make sure
you're in it call (631)727-
3200 x740 or email keller@townofriverheadny.gov

SPECIAL EVENTS

BRINGO: BREAKFAST BINGO

BRINGO, Breakfast BINGO is back. We are partnering with CAP and their Youth Coalition to host a fun morning of Breakfast and BINGO. Visit our website for details on the upcoming event. All proceeds go to the Riverhead Youth Coalition. Call to reserve your seat, cash registration at the door.

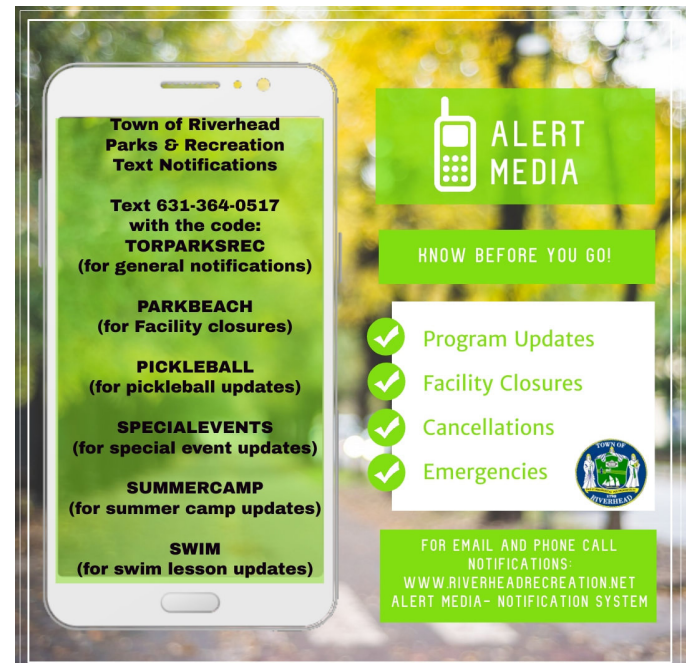
Age: All Ages

Location: Riverhead Senior Center

Date: Saturday, Jan. 27th

Time: 8:30 am - 11:00 am

Fee: \$10.00 for adults \$5.00 for ages 12 and under



MOTHER & SON VALENTINE'S DANCE AND FATHER & DAUGHTER'S VALENTINES DANCES

These are our social events of the year! Dress your best and join us for dancing, refreshments and memories to cherish for a lifetime. Registration must be done in advance. Space is limited!

Mother & Son Dance

Course#: 24SE02WLK

Age: All Ages

Location: Riverhead Senior Center

Dates: Friday, Feb. 2nd

Time: 6:00 pm - 8:00 pm

Fee: \$10.00

*fee is per person

Father & Daughter Dances

Early Dance

Course#: 24SE03WLK

Age: All Ages

Location: Riverhead Senior Center

Dates: Saturday, Feb. 3rd

Time: 4:00 pm - 6:00 pm

Fee: \$10.00

*fee is per person

Late Dance

Course#: 24SE04WLK

Age: All Ages

Location: Riverhead Senior Center

Dates: Saturday, Feb. 3rd

Time: 7:00 pm - 9:00 pm

Fee: \$10.00

*fee is per person



FAMILY TRIVIA NIGHT

Join us for a fun, family-friendly night of trivia. We will cover general knowledge, music, movies and TV, and other topics to test your brain! Register in teams of up to 6 people. There will be a prize for the overall winner and light snacks served.

Course#: 24YP11WLK

Age: All Ages

Location: Riverhead Senior Center

Dates: Saturday, Jan. 26th

Time: 7:15 pm - 8:30 pm

Fee: \$10.00

LEPRECHAUN FUN RUN

Join us for a 1 mile run/walk/jig from Miamogue Park to the GYCC. Enjoy light breakfast and drinks after the race. This is a family friendly event, dogs and strollers are welcome. Parking is available at both the GYCC and Miamogue but the race begins at the beach. Check in and onsite registration (cash only) begins at 8:30 at Miamogue Park. T-shirts are available to the first 50 registrants.

Course#: 24SE01WLK

Age: All Ages

Location: George Young Community Center

Dates: Saturday, March 16th

Time: 9:00 am - 10:30 am

Fee: \$15.00

OPERATION VALENTINE:

Join us in spreading love and joy while supporting our Senior Citizen Community. Drop off your cheerful Valentines at the Recreation Department between January 22–February 9. We will distribute them to our Meals on Wheels recipients, and to residents of local nursing homes and Senior communities.

Riverhead Senior Center, 60 Shade Tree Lane

RIVERHEAD RECREATION DEPARTMENT

Riverhead Parks & Recreation est. 1959
RE-CREATING RECREATION

SAVE THE DATE!

Easter Egg Hunt

FRIDAY, MARCH 22ND

STOTZKY PARK ½ ON FIELDS 1 & 2

BRING YOUR OWN BASKET

ADULT PROGRAMS

ADULT PROGRAMS

ADULT/CHILD/INFANT CPR

Basic life support is geared towards prehospital providers, like EMT's, Paramedics, lifeguards, firefighters, and in-facility hospital providers. The BLS Instructor-led course taught both single-rescuer and team basic life support skills for application in both pre-hospital and in-facility environments, with a focus on high quality CPR and team dynamics. Students are taught CPR, AED use and relief of choking in Infants, Children, and Adults. There are required skills and a written exam. Upon successful completion of the course, students receive a course completion card, valid for two years.

Course#:24AI02WLK

Age:12 and over

Instructor: Chris Manfredi

Location: Riverhead Senior Center

Dates:Monday, March 25th

Time: 6:00 pm - 9:00 pm

Fee: \$80.00 Non-Residents: \$90.00

CHECK OUT OUR SOCIAL MEDIA

@RIVERHEADREC



NYS DEFENSIVE DRIVER

New York Safety Program 6-Hour Point and Insurance Reduction Course. Refresh your knowledge on the "Rules of the Road" while helping to reduce up to 4 motor vehicle points incurred in the past 18 months and/or save 10% on your Liability and Collision Insurance Premiums. Accepted and approved by all NYS Insurance Companies.

Course#:24AI01WLK

Age:17 and over

Instructor: Chris Manfredi

Location: Riverhead Senior Center

Dates:Monday, March 25th

Time: 9:00 am - 3:00 pm

Fee: \$65.00 Non-Residents: \$75.00

HIP - HOP HIIT NEW!

This Hip Hop HIIT class is dance aerobic, high intensity interval training workout. This exercise class is designed to give you a complete full body workout using your own body weight. If you're looking for an easy and effective way to burn calories and get into shape, whether you're an experienced dancer or just a beginner, this class is right for you!

Course#:24AE13WCE

Age: 18 and over

Instructor: Coach Dee

Location: George Young Community Center

Dates: Tuesdays, Feb. 6th - March 26th

Time: 5:30 pm - 6:30 pm

Fee: \$68.00 Non-Residents: \$78.00

(for 8 classes)

IRON WOMAN - JANUARY

Enjoy a convenient exercise class for all levels on Zoom. High intensity and low intensity will be demonstrated. We will use assorted weights and bands.

Mondays January Session

Course#: 23AE03FCE

Age: 16 and over

Instructor: Cherie Paveglio

Location: Zoom

Dates: Mondays, Jan. 8th - Jan. 29th

Time: 4:30 pm - 5:30 pm

Fee: \$15.00 Non-Residents: \$25.00
(for 4 classes)

Wednesdays January Session

Course#: 23AE04FCE

Age: 16 and over

Instructor: Cherie Paveglio

Location: Zoom

Dates: Wednesdays, Jan. 10th - Jan. 31st

Time: 4:30 pm - 5:30 pm

Fee: \$15.00 Non-Residents: \$25.00
(for 4 classes)

IRON WOMAN

Enjoy a convenient exercise class for all levels on Zoom. High intensity and low intensity will be demonstrated. We will use assorted weights and bands.

Mondays February/March Session

Course#: 23AE01WCE

Age: 16 and over

Instructor: Cherie Paveglio

Location: Zoom

Dates: Mondays, Feb. 12th - March 25th

*No class Feb. 19th

Time: 4:30 pm - 5:30 pm

Fee: \$20.00 Non-Residents: \$30.00
(for 6 classes)

Wednesdays February/March Session

Course#: 24AE02WCE

Age: 16 and over

Instructor: Cherie Paveglio

Location: Zoom

Dates: Wednesdays, Feb. 14th - March 27th

*No class Feb. 21st

Time: 4:30 pm - 5:30 pm

Fee: \$20.00 Non-Residents: \$30.00
(for 6 classes)



ADULT PROGRAMS

40+ DOUBLE DUTCH

Did you jump when you were younger and would like to do it again? Do you like to have fun while exercising? If you answered yes to either of these questions, then this group is for you. Let's get together, make new friends and have fun amongst grown-ups. All levels are welcome. This group is a judgment free zone.

Course#: 24AE12WCE

Age: 40 and over

Instructor: Doreen Williams

Location: George Young Community Center

Dates: Tuesdays, Feb. 6th - March 19th

*No class Feb. 20th

Time: 6:30 pm - 7:30 pm

Fee: \$10.00 Non-Residents: \$20.00
(for 6 classes)

ZUMBA - JANUARY

Come ready to dance, sweat, and leave the day's stresses on the dance floor! Zumba classes burn calories and can boost your mood. All you need are sneakers, a towel, and water. Can't wait to see you!

Mondays January Session

Course#: 24AE10WCE

Age: 12 and over

Instructor: Tiana Grampus

Location: George Young Community Center

Dates: Mondays, Jan. 8th - Feb. 5th

*No class Jan. 15th

Time: 6:00 pm - 7:00 pm

Fee: \$35.00 Non-Residents: \$45.00
(for 4 classes)



ZUMBA - FEBRUARY/MARCH

Come ready to dance, sweat, and leave the day's stresses on the dance floor! Zumba classes burn calories and can boost your mood. All you need are sneakers, a towel, and water. Can't wait to see you!

Mondays February/March Session

Course#: 24AE07WCE

Age: 12 and over

Instructor: Tiana Grampus

Location: George Young Community Center

Dates: Mondays, Feb. 12th - April 1st

*No class Feb. 19th

Time: 6:00 pm - 7:00 pm

Fee: \$62.00 Non-Residents: \$72.00
(for 7 classes)

Thursdays February/March Session

Course#: 24AE06WCE

Age: 12 and over

Instructor: Tiana Grampus

Location: George Young Community Center

Dates: Thursdays, Feb. 15th - March 28th

Time: 6:30 pm - 7:30 pm

Fee: \$62.00 Non-Residents: \$72.00
(for 7 classes)

R&B + SOUL LINE DANCING - JANUARY

You will learn, practice and rock out to the latest and classic line dances in a fun and easy to learn atmosphere. Join us if you love to dance, meet fun people and enjoy listening to R&B tunes.

Course#: 24AE11WCE

Age: 12 and over

Instructor: Tiana Grampus

Location: George Young Community Center

Dates: Mondays, Jan. 8th - Feb. 5th

*No class Jan. 15th

Time: 7:15 pm - 8:15 pm

Fee: \$42.00 Non-Residents: \$52.00

(for 4 classes)

R&B + SOUL LINE DANCING - FEBRUARY/MARCH

You will learn, practice and rock out to the latest and classic line dances in a fun and easy to learn atmosphere. Join us if you love to dance, meet fun people and enjoy listening to R&B tunes.

Course#: 24AE08WCE

Age: 12 and over

Instructor: Tiana Grampus

Location: George Young Community Center

Dates: Mondays, Feb. 12th - March 18th

*No class Feb. 19th

Time: 7:15 pm - 8:15 pm

Fee: \$42.00 Non-Residents: \$52.00

(for 5 classes)

COUNTRY LINE DANCING WITH JENN NEW

Beginner and Beyond Country Line Dance class with instructor Jenn Demeo from Line Dancing with Jenn. Jenn will be teaching popular line dances being done across Long Island. Line dancing is a great way to get exercise, socialize, and have fun. Please wear comfortable shoes, sneakers or boots.

Course#: 24AE010WCE

Age: 12 and over

Instructor: Jenn Demeo

Location: George Young Community Center

Dates: Saturdays, Feb. 3rd - March 23rd

*No class Feb. 17th or Mar. 9th

Time: 11:00 am - 12:00 pm

Fee: \$62.00 Non-Residents: \$72.00

(for 6 classes)



ADULT PROGRAMS

MORNING YOGA

A Gentle Yoga Class designed for all levels. Aimed toward increasing flexibility, circulation, and strength. Includes back therapy and stress reduction techniques.

Course#:24AE05WCE

Age:18 and over

Instructor: Rosemary Martilotta

Location: George Young Community Center

Dates: Wednesdays, Feb. 7th - April 3rd

*No class Feb. 21st

Time: 9:00 am - 10:30 am

Fee: \$82.00 Non-Residents: \$92.00
(for 8 classes)

MEMORY JOURNEY

This class will guide you through simple breathing exercises to expand your lungs and increase oxygen flow to your brain. The human brain is flesh and blood like the rest of your body and requires oxygen to function at peak performance levels. When the cells of the body and brain receive an abundant supply of oxygen feelings of energy and optimal mood are realized. Take this journey with us!

Course#:24AE04WCE

Age:18 and over

Instructor: Rosemary Martilotta

Location: George Young Community Center

Dates: Wednesdays, Feb. 7th - April 3rd

*No class Feb. 21st

Time: 11:00 am - 12:00 pm

Fee: \$82.00 Non-Residents: \$92.00
(for 8 classes)

TAI CHI & QI GONG

This class is designed to welcome beginners as well as practiced students. It is a combination of Tai Chi, Qigong and meditation. Trained at the Omega Institute, and founder of East End Tai Chi, Denise Gillies has been teaching for over 13 years on the East End of Long Island.

Course#: 24AE09WCE

Age: 18 and over

Instructor: Denise Gillies

Location: George Young Community Center

Dates: Tuesdays, Feb. 6th - March 19th

*No class Feb 20

Time: 4:00 pm - 5:00 pm

Fee: \$65.00 Non-Residents: \$75.00
(for 6 classes)



PICKLEBALL CRASH COURSE

Learn the popular game of pickleball in this 1.5 hour crash course. Instructor will cover all of the rules, basic terminology, and specific skills to have you playing the game with ease.

Course#:24AS06WAS

Age:18 and over

Instructor: Ashley Schandel & Al Tangredi

Location: Stotzky Park

Dates: Tuesday, March 26th

*Rain Date April 2nd

Time: 9:00 am - 10:30 am

Fee: \$25.00 Non-Residents: \$35.00

PICKLEBALL PRIVATE CRASH COURSE

Learn the popular game of pickleball in this 1.5 hour crash course with your own private group. Groups of 4 - 8 players for one price. The instructor will cover all of the rules, basic terminology, and specific skills to have you playing the game with ease. One person registers the entire group.

Course#:24AS05WAS

Age:18 and over

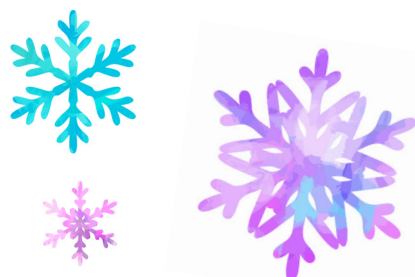
Instructor: Ashley Schandel & Al Tangredi

Dates Available: Mondays through Fridays

Jan. 11th - March 31st

Times Available: between 8:30 am - 3:30 pm

Fee: \$100.00

**BEYOND THE BASICS PICKLEBALL**

A continuation to the Pickleball Crash Course, each class we will focus on skills and strategies to improve on followed by some game play. Perfect for those looking for a little more skill and strategy development and potentially interested in fun league play.

Course#: 24AS07WAS

Age: 18 and over

Instructor: Ashley Schandel & Al Tangredi

Location: Stotzky Park

Dates: Tuesdays, April 9th - April 16th

*Rain Date April 23rd.

Time: 9:00 am - 10:00 am

Fee: \$35.00 Non-Residents: \$45.00

(for 2 classes)

TRAVELING PB PROS- LOW TO MIDDLE INTERMEDIATE CLINIC

For players who are looking to push their games to the next level. Soft game shots taught and broken down into easy to learn steps. Punch, Block & Drop volleys taught as well as dink disguised lob. Play with and against the pros in doubles play as we'll give you useful tips and suggestions on positioning, moving with your partner and strategy.

Course#: 24AS08WAS

Age: 16 and over

Location: Riley Avenue School

Dates: Friday, Jan. 12th

Time: 6:00 pm - 8:00 pm

Fee: \$60.00 Non-Residents: \$70.00

ADULT PROGRAMS

ADULT PROGRAMS

WINTER “JUST FOR FUN” LADDER LEAGUE 2.0-3.0

This outdoor fun league at Stotzky Park is designed for those “Beyond the Beginner” Pickleball players who are looking for a little friendly competition. Open to players with a USAPA skill rating of 2.0-3.0 Skill ratings can be found on our website. Games will be played starting at 10am. All league updates will be available on our website www.RiverheadRecreation.net/pickleball

RiverheadRecreation.net/pickleball

Please confirm your e-mail address upon registration.

Course#: 24AS01WAS

Age: 16 and over

Location: Stotzky Park

Dates: Wednesdays, Feb. 7th - March 13th

*Rain Date March 20th

Time: 10:00 am - 12:00 pm

Fee: \$42.00 Non-Residents: \$52.00

(for 6 days)

TRAVELING PB PROS- FUN INSTRUCTIONAL LEAGUE NEW

Learn better positioning, strategy and movement in your double play. Each week you will play with multiple partners in doubles games while being taught the finer points of game. We will give you numerous tips & suggestions for your improvement of your game. There will also be some lessons on specific fundamental shots each week.

First Session

Course#: 24AS09WAS

Age: 16 and over

Location: Riley Avenue School

Dates: Fridays, Jan. 26th - Feb. 9th

Time: 6:00 pm - 8:00 pm

Fee: \$120.00 Non-Residents: \$130.00

(for 3 days)

WINTER COMPETITIVE LADDER LEAGUE 3.0+

This outdoor competitive league at Stotzky Park is designed for those players with a 3.0 or higher rating looking to learn through competing. Open to players with a USAPA skill rating of 3.0+, skill ratings can be found on our website. Games will be played starting at 10am. All league updates will be available on our website www.RiverheadRecreation.net/pickleball

Please confirm your e-mail address upon registration.

Course#: 24AS02WAS

Age: 16 and over

Location: Stotzky Park

Dates: Thursdays, Feb. 8th - March 14th

*Rain Date March 21st

Time: 10:00 am - 12:00 pm

Fee: \$42.00 Non-Residents: \$52.00

(for 6 days)

Second Session

Course#: 24AS10WAS

Age: All Ages

Location: Riley Avenue School

Dates: Tuesdays, March 5th - March 19th

Time: 6:00 pm - 8:00 pm

Fee: \$120.00 Non-Residents: \$130.00

(for 3 days)

ADULT ADAPTIVE RECREATION

ADAPTIVE RECREATION PIZZA & MOVIE NIGHTS

Join us for a pizza dinner and a movie after. This event offers individuals and their families the opportunity to enjoy a film in a comfortable environment. The viewing area will include extra lighting and a moderate volume. Participants must be accompanied by a parent or caregiver. To RSVP call (631)727-3200 ext.734 or email harden@townofriverheadny.gov. \$5 for 2 slices & a drink, but the movie is free!

Course#:24AR01WJH

Age: 18 and over

Location: Riverhead Senior Center

Dates: Tuesdays, Jan. 9th, Feb. 6th, Mar. 19th

Time: 4:30 pm - 7:30 pm

Fee: \$5.00 per person

ADAPTIVE RECREATION DANCE

Adaptive recreation dances for adults!

We'll have a DJ, refreshments, dancing and lots of fun! Please RSVP by calling (631)727-3200 ext 734 or e-mail harden@townofriverheadny.gov All participants must be accompanied by a parent or caregiver.

Course#: 24AR02WJH

Age: 18 and over

Location: Riverhead Senior Center

Dates: Fridays, Jan. 19th, Feb. 16th, Mar. 15th

Time: 6:00 pm - 8:00 pm

Fee: \$5.00 per person



YOUTH PROGRAMS

MESSY FRIENDS SENSORY EXPLORATION

Join Miss Liz for a sensory adventure! Each class will provide children with the opportunity to explore their senses of touch and smell, and sometimes even taste. Materials like coffee grinds, rice, dried pasta, slime, bubbles, shaving cream, and oobleck will all make an appearance. Dress for mess!

Course#: 24YP01WLK

Age: 2 - 4

Instructor: Liz Keller

Location: George Young Community Center

Dates: Wednesdays, Feb. 7th - March 13th

*No class Feb. 21st

Time: 10:00 am - 10:45 am

Fee: \$30.00 Non-Residents: \$40.00
(for 5 classes)

MINI SCIENTISTS

All new projects, all new predictions! Do science: have fun exploring cause and effect, coming up with hypotheses, and solving problems with Miss Amber.

Course#: 24YP02WLK

Age: 5 - 12

Instructor: Amber Nicholson

Location: George Young Community Center

Dates: Saturdays, Jan. 27th - March 9th

*No class Feb. 17th or Feb 24th

Time: 9:00 am - 10:00 am

Fee: \$50.00 Non-Residents: \$60.00
(for 5 classes)

CULINARY CHEMISTS: MIXING FOOD WITH SCIENCE **NEW**

An exhilarating class tailored for inquisitive 9-12-year-olds passionate about both food and fun science experiments! This hands-on journey explores the exciting intersection where the kitchen transforms into a laboratory. Through captivating experiments, kids will uncover the mysteries of food reactions, explore the science behind culinary creations, and engage in thrilling kitchen-based experiments.

Course#: 24YP07WLK

Age: 9 - 12

Instructor: Alyssa Tedesco, RD.

Location: Riverhead Senior Center

Dates: Alternating Saturdays, Jan. 20th - March 30th

*This class takes place every other week.

Time: 10:00 am - 11:00 am

Fee: \$60.00 Non-Residents: \$70.00
(for 6 classes)

ART WITH MISS AMBER

Crafts, creativity, comradery! Join Miss Amber and become artists, spend time with friends and make new ones through this creative outlet.

Course#: 24YP03WLK

Age: 5 - 12

Instructor: Amber Nicholson

Location: George Young Community Center

Dates: Saturdays, Jan. 27th - March 9th

*No class Feb 17th or Feb 24th

Time: 10:00 am - 11:00 am

Fee: \$50.00 Non-Residents: \$60.00
(for 5 classes)

YOUTH PAINT AND SNACK

Enjoy some peaceful painting time. Choose from 2 different designs to paint and snack on some pizza with Miss Amber and your friends!

Course#: 24YP06WLK

Age: 5 - 12

Instructor: Amber Nicholson

Location: George Young Community Center

Dates: Friday, March 8th

Time: 6:30 pm - 8:00 pm

Fee: \$25.00 Non-Residents: \$35.00



MAKING MUSIC IS MAGICAL (AGES 5-8) NEW

Join Mr. Will's amazing new music class. Students will learn different rhythms, beats, and a love for music using fundamental instruments.

Course#: 24YP04WLK

Age: 5 - 8

Instructor: Will Green

Location: George Young Community Center

Dates: Saturdays, Jan. 6th, Jan. 13th, Jan. 20th

Time: 9:00 am - 10:00 am

Fee: \$20.00 Non-Residents: \$30.00

(for 3 classes)

MAKING MUSIC IS MAGICAL (AGES 9 - 12) NEW

Join Mr. Will's amazing new music class. Students will learn different rhythms, beats, and a love for music using fundamental instruments.

Course#: 24YP04WLK

Age: 9 - 12

Instructor: Will Green

Location: George Young Community Center

Dates: Saturdays, Jan. 6th, Jan. 13th, Jan. 20th

Time: 10:15 am - 11:15 am

Fee: \$20.00 Non-Residents: \$30.00

(for 3 classes)

CHECK OUT OUR SOCIAL MEDIA
@RIVERHEADREC



YOUTH PROGRAMS

MUSICAL THEATER CLASS: DISNEYS, THE ARISTOCATS KIDS

Join us in Paris as we act and sing our way through France helping O'Malley and his alley cats along with Napoleon's country dogs rescue Duchess and her three Aristocat kittens, Berlioz, Marie, Toulouse from their Madame's evil, greedy, and jealous butler Edgar.

Course#: 24YP08WLK

Age: All Ages

Location: Franz Music Studio

Dates: Saturdays, Feb. 3rd - June 9th

Time: 1:00 pm - 2:30 pm

Fee: \$570.00 Non-Residents: \$580.00
(for 19 classes)

ACTING & IMPROV GROUP CLASS

Have fun with theatre games, acting commercials and delivering monologues while learning facial expressions, body language and appropriate vocal inflections.

Course#: 24YP10WLK

Age: 8 - 12

Location: Franz Music Studio

Dates: Thursdays, Jan. 11th - Feb. 15th

Time: 5:30 pm - 6:00 pm

Fee: \$190.00 Non-Residents: \$200.00
(for 6 classes)

GUITAR & UKULELE GROUP CLASS

Enjoy learning both the 4-string ukulele and acoustic guitar playing basic chords with fun and familiar songs!

Course#: 24YP09WLK

Age: 12 - 17

Location: Franz Music Studio

Dates: Thursdays, Jan. 11th - Feb. 15th

Time: 7:30 pm - 8:15 pm

Fee: \$225.00 Non-Residents: \$235.00
(for 6 classes)



PEE WEE HOOPS- AGES 4-6

Fundamentals of basketball are introduced in a fun age appropriate way. Parental participation is required. Please bring your own Rookie or Junior size basketball (25.5 or 27.5) No non-participants will be allowed in building- this includes additional parents and siblings.

Course#: 24YS08WCE

Age: 4 - 6

Instructor: Rodney Rollins

Location: Phillips Avenue School

Dates: Mondays, Jan. 22nd - March 18th

*No class Feb. 19th

Time 5:15 pm - 6:15 pm

Fee: \$65.00 Non-Residents: \$75.00
(for 8 classes)



BIDDY BASKETBALL AGES 7-9

Fundamentals of basketball are introduced- dribbling, passing, shooting. Bring your own ball (size 27.5 or 28.5 is recommended). This is a drop-off program; no parents are allowed to enter school building.

Course#: 24YS07WCE

Age: 7 - 9

Instructor: Rodney Rollins

Location: Phillips Avenue School

Dates: Mondays, Jan. 22nd - March 18th

*No class Feb. 19th

Time: 6:30 pm - 7:45 pm

Fee: \$65.00 Non-Residents: \$75.00

(for 8 classes)

JUNIOR BASKETBALL- AGES 10-12

Fundamentals of basketball are introduced- dribbling, passing, shooting. Bring your own ball (size 28.5 or 29.5 are recommended). This is a drop-off program; no parents are allowed to enter school building.

Course#: 24YS09WCE

Age: 10 - 12

Instructor: Rodney Rollins

Location: Phillips Avenue School

Dates: Wednesdays, Jan. 24th - March 20th

*No class Feb. 21st

Time: 5:15 pm - 6:30 pm

Fee: \$65.00 Non-Residents: \$75.00

(for 8 classes)

JR. ADVANCED BASKETBALL- AGES 10-12

This class is for players who have successfully completed at least 2 courses with Coach Rodney in the past year. Players must know how to properly do a layup, dribble, pass, and shoot. Fundamentals of basketball are improved, but focus will be on game play. This course will be offered again, so if you are not sure if your child can comfortably participate, please sign up for Junior Basketball this season. Bring your own ball (size 29.5 is recommended for boys; size 28.5 for girls). This is a drop-off program; no parents are allowed to enter school building.

Course#: 24YS10WCE

Age: 10 - 12

Instructor: Rodney Rollins

Location: Phillips Avenue School

Dates: Wednesdays, Jan. 24th - March 20th

*No class Feb. 21st

Time: 6:45 pm - 8:00 pm

Fee: \$65.00 Non-Residents: \$75.00

(for 8 classes)



YOUTH PROGRAMS

KOREAN TAE KWON DO- GROUPS FOR AGES 5 - 13

Please check our website
www.riverheadrecreation.net, call, or e-mail
 Expert Martial Arts for specific schedules for
 each age group. For New Customers at Expert
 Martial Arts *only!* Students are registering for 4
 weeks- 2 classes per week, 30 minute classes.
 Please contact Expert Martial Arts to arrange
 your schedule after registering with us
 631-722-5554 or xpertma1@gmail.com.

Course#:24YI08WCE

Age: 5 - 13

Instructor: Expert Martial Arts

Location: 116 Main Rd. Aquebogue

Dates: Thursday, Feb. 1st - Sunday, March 31st

Fee: \$75.00 Non-Residents: \$85.00

(for 8 classes)



PLAN FOR SUMMER SWIMMING LESSONS

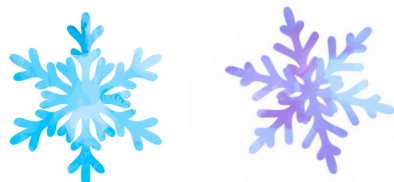
WITH

 Riverhead
 Parks & Recreation est. 1959

<p>GROUP & PRIVATE LESSONS FOR AGES 5+</p> <p><u>SOUTH JAMESPORT BEACH</u> JULY 8TH - 19TH CLASSES 11 AM - 1:30 PM</p> <p><u>WADING RIVER BEACH</u> JULY 22ND - AUG 2ND CLASSES 11 AM - 5:30 PM</p>	<p>PEE WEE SWIM FOR AGES 3-4 WITH PARENT PARTICIPATION</p> <p><u>REEVES BEACH</u> JULY 8TH - 19TH CLASSES 3 PM - 5:30 PM</p> <p><u>IRON PIER BEACH</u> AUGUST 5TH - 16TH CLASSES 11 AM - 5:30 PM</p>
--	---

**YOUR CHILD'S LESSON TIME WILL BE DETERMINED AT
THE FIRST DAY'S SWIM TEST.**

www.riverheadrecreation.net



JUMPBUNCH BEGINNER SOCCER

Designed to teach the fundamentals of soccer such as dribbling, passing, trapping, shooting in a fun filled environment. Activities to build on the skills. No Equipment necessary cleats preferred.

February Session

Course#: 24YS01WCE

Age: 3 - 6

Location: George Young Community Center

Dates: Wednesdays, Feb. 7th - March 6th

*No class Feb. 21st

Time: 5:45 pm - 6:45 pm

Fee: \$70.00 Non-Residents: \$80.00

(for 4 classes)

March Session

Course#: 24YS03WCE

Age: 3 - 6

Location: George Young Community Center

Dates: Wednesdays, March 13th - April 3rd

Time: 5:45 pm - 6:45 pm

Fee: \$70.00 Non-Residents: \$80.00

(for 4 classes)

KARATE ZOO

With the help of our Muscle Zoo friends, we teach the fundamentals of martial arts in this high-energy progression-based program. Students learn & practice the traditions & skills of the sport. Hi-yah!

February Session

Course#:24YS16WCE

Age: 4- 6

Location: George Young Community Center

Dates: Wednesdays, Feb. 7th - March 6th

*No Class Feb. 21st

Time: 4:30 pm - 5:30 pm

Fee: \$70.00 Non-Residents: \$80.00

(for 4 classes)

March Session

Course#: 24YS04WCE

Age: 4 - 6

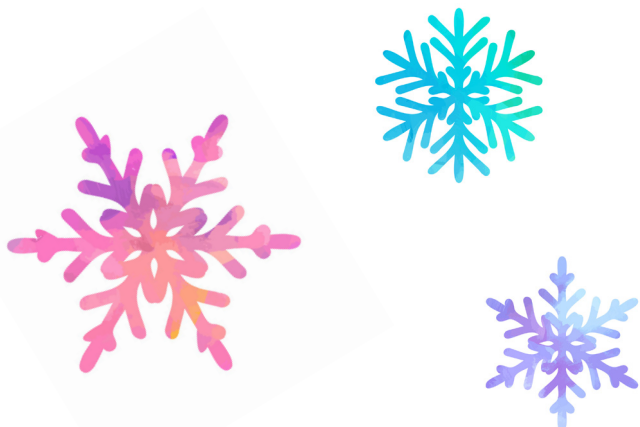
Location: George Young Community Center

Dates:Wednesdays, March 13th - April 3rd

Time: 4:30 pm - 5:30 pm

Fee: \$70.00 Non-Residents: \$80.00

(for 4 classes)



YOUTH PROGRAMS

FEBRUARY BREAK CAMP

Join us for February Break Camp! Play active games, enjoy themed days, spend some time bundled up outside, and play some board games with your favorite camp counselors. Register for the full week or individual days.

Course#: 24YC01WLK

Age: Grades K - 6th

Location: George Young Community Center

Dates: Tuesday, Feb. 20th - Friday, Feb. 23rd

Time: 8:30 - 5:00

Fee: Full Week \$240.00 Non-Residents: \$250.00

Fee: Individual Days \$60.00 Non-Residents: \$70.00



100 DAYS IN NATURE NEW

Calling all nature lovers AND those looking to spend more time outside and off the screen. We challenge you to get outside, explore nature, visit a park or beach or just enjoy watching the change of the seasons for 100 days this winter season. On the next page you will find a day marking chart. Each parcel of the picture represents a day that you are outside. The entire picture has 100 pixels. One "day" may be colored in when at least 1 hour is spent outside. Participation begins January 1st and runs through April 30th. All participants who complete the days and chart will receive a prize.

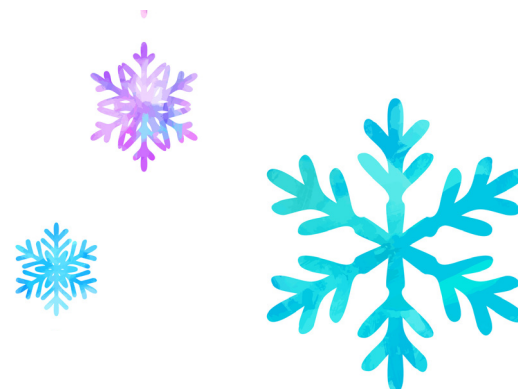
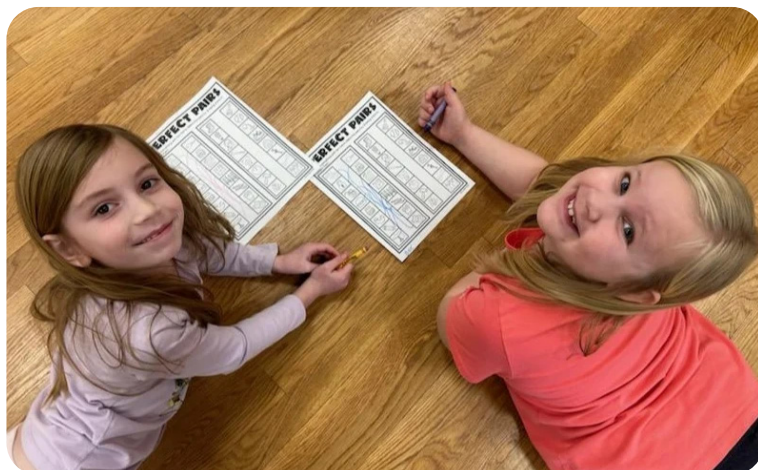
CHART CONTEST! We are looking for a creative picture for our Spring/Summer Nature Days contest. Create a chart digitally or by hand and submit it to schandel@townofriverheadny.gov OR drop off/mail to 55 Columbus Avenue Riverhead by February 2nd.

Course#:2401IWAS

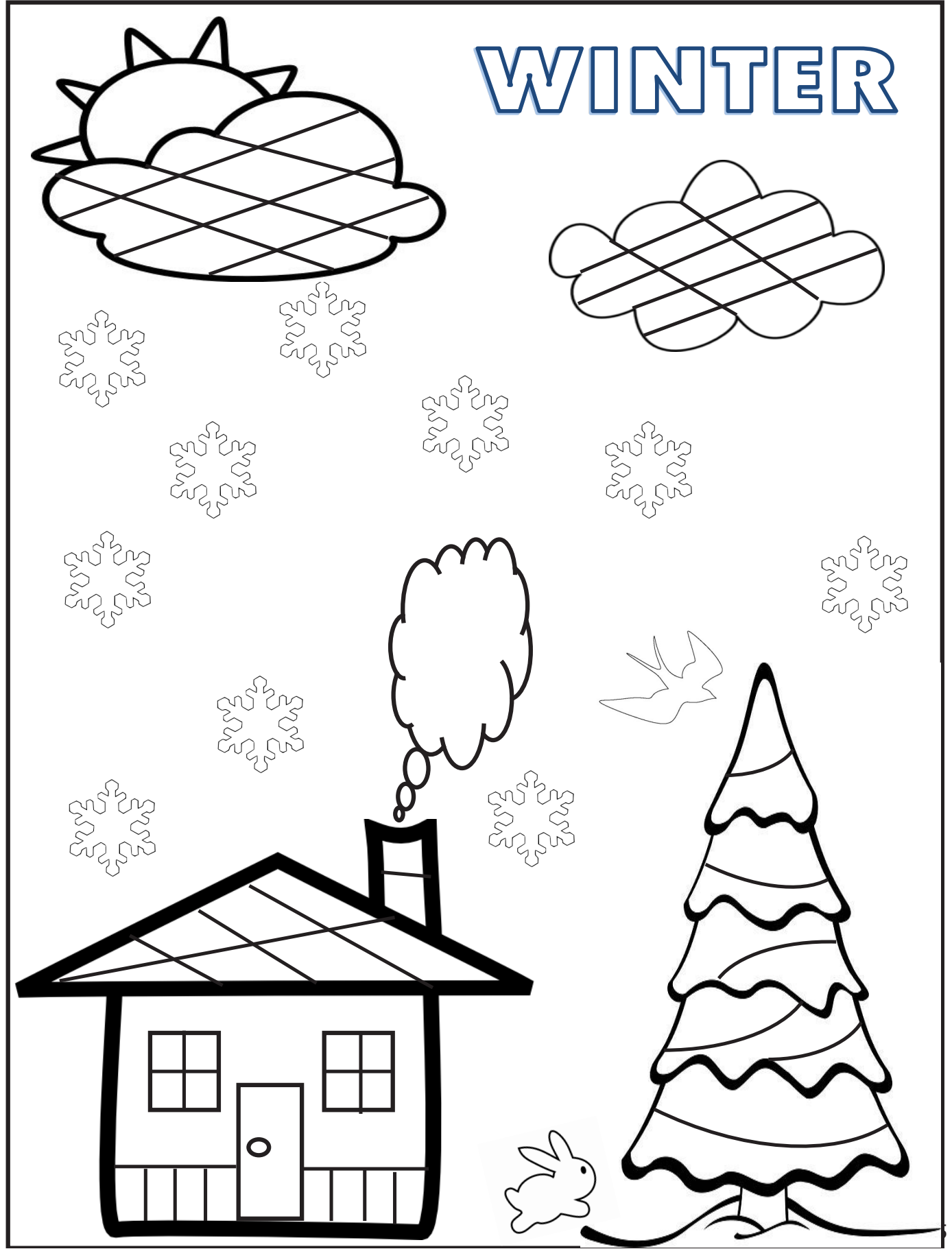
Age: All Ages

Dates: Thursday, Jan. 11th - Sunday, March 31st

Fee: Free Program



CUT HERE FOR THE 100 DAYS IN NATURE
DAY MARKING CHART.



IMPORTANT INFORMATION

HOW DO I REGISTER?

You can register in person at our office locations, over the phone, or by visiting our registration website www.riverheadrecreation.com. When registering online for the first time new registrants will be asked to create an online account before registering for programs. Proof of residency is required when registering for classes annually. Acceptable proofs of residency include a current tax bill, utility bill, a rental or lease agreement, or driver's license.

WHAT ARE MY PAYMENT OPTIONS?

Registration and payment is required for all programs, unless otherwise noted. Acceptable forms of payment include cash, check, or credit/debit cards. All checks must be made payable to "Town of Riverhead Recreation Dept.". Any returned check is subject to a \$25.00 fee. When using a debit or credit card to make purchases, a fee of 2.45% or a minimum charge of \$1.75 will be charged per-transaction. All major card companies are accepted.

RELEASE OF LIABILITY

All participants in Town of Riverhead Parks & Recreation Department programs do so at their own risk. Individuals are responsible to check all class descriptions to ensure that their physical condition and skill level allow for safe participation.

REFUND PROCESS

Registrants may be eligible for a department credit, provided they complete the request form available on our website www.riverheadrecreation.net, or at one of our office locations. If a credit request is approved, it will be posted to the registrant's household account. All credits attributed to an account will expire 12/31 of the year issued. Credit requests must be submitted at least five days prior to the start of the program and are subject to a \$5.00 processing fee. In the event that the Recreation Department cancels a program or event, registrants may be eligible for a full refund or a department credit.

HOW DO I FIND OUT ABOUT PROGRAMS CHANGES AND CANCELLATIONS?

You can register for our Alert Media text service by texting (631)364-0517 with the code TORPARKSREC for general information or visit <https://townofriverhead.alertmedia.com/public/v1> to register for a specific list.

WHERE CAN I FIND THE MOST UP TO DATE RECREATION INFORMATION?

You can visit our website www.riverheadrecreation.net, follow us on our social media platforms @riverheadrec (Facebook, Instagram, YouTube, Linktree), or sign-up for our email newsletter "The Rec-Report".



Riverhead PAL

210 Howell Avenue, Riverhead, NY 11901

PAL vestibule located on the left outside of Police Dept.

631-727-4500 x273

Football & Flag Football – Children Ages 5-13 *(As of Dec. 1 of current year)*

2024 Registration – April (date to be determined) for 2024 Fall Season.

Deadline: April.

Practice starts mid July -Tue/Thurs evenings. SUNDAY GAMES start in September.

Cheerleading– Girls entering grades 2-6 *(Sept. of current year)*

In Person Registration only – April (date to be determined) for Fall 2024 Season.

Deadline: April.

Practice starts mid July - Tue/Thurs evenings. SUNDAY GAMES start in September.

Lacrosse- Girls & Boys Grades K-8 *(Teams based on grade & gender)*

Registration: November 2023 for Spring 2024 Season.

Deadline: December 11, 2023

Practices on weekday evenings beginning in March. SUNDAY GAMES March–May.

Bike Rodeo – May 2024 - date to be determined 8:30 AM

Boys & Girls in current Grades K-6.

FREE Registration in person on the day of event.

Location: Stotzky Park, 55 Columbus Avenue, Riverhead.

Bicycle obstacle course. Bring your bike & helmet & get ready for some fun!

Soccer– Coed boys & girls - Grades K-6

2024 Registration– Starts Mid June 2024/ Deadline end of July.

Season: Mid September– Early November.

Sunday Games @ Stotzky Park. Practice 1x per weekday.

Visit <http://www.townofriverheadny.gov>, Departments, Police, PAL scroll down & click on sport registration, mail with check or money order payment (no cash) OR register at PAL Office Vestibule, 210 Howell Avenue, Riverhead.

Place your completed registration & payment through mail slot in door.

Online registration at riverheadrecreation.net is available for some sports.

Registration flyers will indicate registration dates and deadline date.

Questions— Call 631-727-4500 x273

Paper registrations are in the PAL vestibule for all sports currently registering.

Check your schools virtual Backpack for current registrations available.



Photo Credit: Shannon Slowey



RiverheadLOCAL

We've got the latest on local events.

Live Music
Festivals
Theater

Concerts
Street Fairs
Shows

The best things to do, all year long • riverheadlocal.com/events

PROUD SPONSOR OF
RIVERHEAD RECREATION
**EASTERN
FUEL** *Incorporated*
HOME HEATING PREMIUM DIESEL

Low COD Rates
Automatic Service
Diesel & Marine Fuel



LOCALLY OWNED & OPERATED

631/722/5530

HEAP ACCEPTED

